

THESE FOODS TASTE SWEET

Food for a Thomas The Tank
engine party.



A sponge cake
with Jam in
it.



2 boxes
of sugar



A cup of coffee
with sugar in
it.



A basket of
Fruit - bananas,
oranges and apples.



A pot of
Jam.



They are ice-creams
and they taste
sweet



Rec. make
honey and
taste sweet

The biscuits
milk makes
The chews
The instant
pudding and
fruit yoghurt

I like
biscuits
but they
taste sweet



MORE SWEET FOODS

I like Jelly
but it Tastes too
sweet.



Cadbury's
creme egg is
Tasty but it
tastes too sweet.



I like to
drink Fruit
Punch.



I like eating
Cadbury's Fruit
and nut chocolate.



I like to eat
milkybar but it is
too milky.



I like cakes
without raisins.



THESE FOODS
GROW IN
THE GROUND

onions



carrots



peppers



cabbages



potatoes



THESE DRINKS ARE HOT

I like drinking
coffee when
it is hot.



2 cups of soup
my favourite soup
is mushroom soup.



I like drinking
chocolate in the
evening.



I like drinking
marmite with
hot water and
I can spread it
on my toast.

CUPBOARD LOVE
MARMITE
Available: Sainsbury's
Price: 52p-£2.69

Really good stuff, Marmite is. Scores over its rivals by being the best British extract to spread on thinly-cut brown bread and butter. In a mug of boiling water I marginally prefer Bovril, but if you add a spoonful of sherry, you can't tell one from the other.



my brother
Panny likes
coffee.



THESE FOODS ARE COOKED

A bowl of soup and
bacon joint, with
vegetables.



I like Fish fingers
with chips.

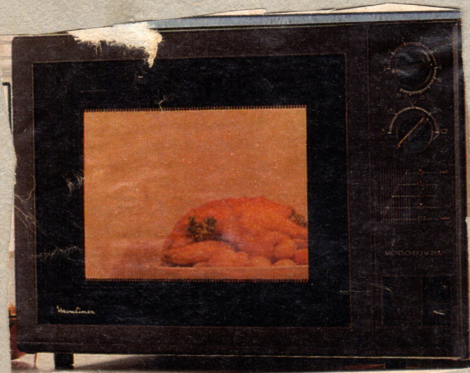


This is a recipe
for meatball kebabs.
It looks delicious.

I like eating
sausages, peas,
tomatoes and potato
shapes.



This is a chicken
cooking in a
microwave oven.



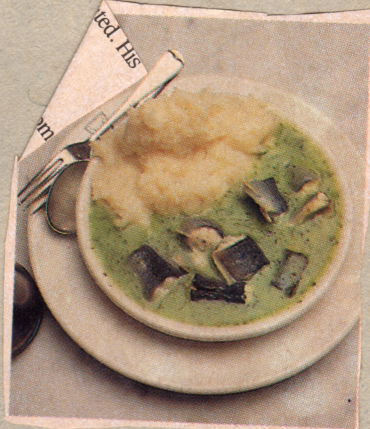
We have
toast for
breakfast.



A boiled
egg.



A fish
stew.



Meatball kebabs are just
tastebuds tingling ...



Beef up your Sunday - knead
the meatball ingredients well



Thread meatballs on skewers,
baste with oil as they grill

MEATBALL KEBABS COST £3.10 TO
SERVE FOUR DINERS. YOU WILL NEED:

- 1 1/4 lb (550g) minced beef
- 16 green olives, chopped
- 1 hard-boiled egg, chopped
- 5oz (75g) grated Parmesan cheese
- 1 small, whole lemon, finely minced
(taking the pips out first)
- Salt and pepper
- Pinch of nutmeg
- 2 tablespoons cooking oil for basting
- 4 lemon quarters for seasoning

Mix together the minced beef with the
chopped olives, the chopped hard-
boiled egg, the Parmesan cheese and
the minced lemon in a mixing bowl. Add
seasoning and nutmeg.

Knead all the ingredients well with
your fingers until the mixture feels
almost like a dough. Then simply divide
into small individual pieces and roll into
little balls around 1 inch (2.5cm) in
diameter. Then thread onto skewers
and grill for about 10 minutes, turning
the kebabs frequently and basting with
oil from time to time.

Serve hot with lemon quarters as a
garnish and boiled rice or pitta bread.
Don't forget your tequila cocktail too!

I like chicken and
ham pie.



I like any topping
on my pizza, but
my favourite is
tuna.

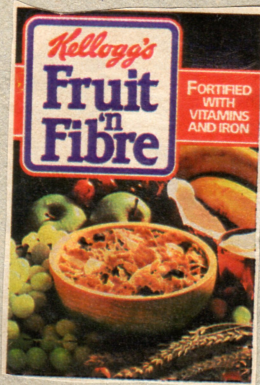


THESE FOODS ARE COLD

I like to eat salad in the summer.



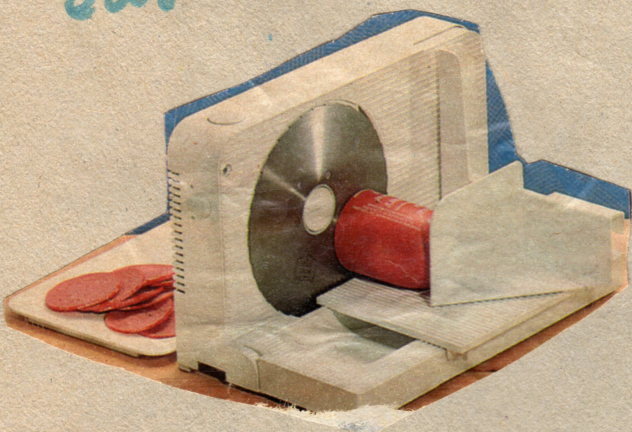
I like to eat cereals with cold milk.



I like to eat fruit.



I like to eat salami.



My family like Fruit.



We like eating eggs in salad.



I love making sandwiches with onions. Biscuits are sweet but some biscuits are not sweet. My mum love eating Fish.



This is a mango.
you have to cut
the skin before you
eat it.



~~like~~ mice like cheese so much.



THESE FOODS ARE ROUND



biscuits



chocolate
eggs



Tomatoes



eggs



Peas



ham